Laundry is done once per session, so our packing list reflects what's needed during a typical week at camp. **PLEASE LABEL EVERYTHING WITH YOUR CHILD'S LAST NAME**

NEW for 2023: We have a required Banquet Shirt for this year!

MEDICAL

- o **Medications:** For instructions on packaging/labeling your child's medications, go to page 9 of the Parent Handbook
- o If eyeglass or contact lens wearer, pack an extra pair of prescription glasses and extra lens

LUGGAGE

o (2) Duffel Bags/Cargo Bags/Soft Trunks

If you don't have the above luggage, you may substitute with roller/hard trunk luggage but please note, it's much easier to maneuver the soft bags. Luggage is taken to cabins by counselors; children are NOT expected to carry their own heavy bags!

BED & BATH

Please note: International families are provided with linens, blankets, sleeping bags and towels.

- o (1) Comforter/Warm Blanket
- o (1) Sleeping Bag (can also be used as an extra blanket)
- o (1) Standard Pillow
- o (2) Twin Sheet Sets (must include fitted sheet, flat sheet & pillowcase)
- o (2) Bath Towels
- o (2) Beach Towels
- o (2) Washcloths
- o (1) Shower Caddy (we recommend a small plastic basket or beach pail with drainage holes)

FOOTWEAR

o (3+) Sneakers (ideal to have more than one pair)

Waterfront shoes such as Tevas/Chacos/Keens/Crocs

Flip Flops/Slides (OPTIONAL for short walks to pool, bathroom)

Rain Boots (OPTIONAL OR use in lieu of riding boots if participating in horseback riding)

CLOTHING

- o (12) Tee Shirts
 - *ALL CAMPERS: We have a required Banquet Shirt for this year!
 - *Returning campers: don't forget your GREEN or WHITE Olympic games tee shirt!
 - *New campers: make sure to include one green and one white tee shirt for our Olympic Games! It doesn't matter if there's a design on the shirt so long as it's mostly green or white.
- o (6) Pairs of Shorts
- o (2) Sweatpants
- o (1) Pair of Jeans (or durable pants for hiking/outdoor activities)
- o (1) Talent Show outfit (typically polo shirt, sundress, etc.)
- o (1) Banquet outfit (Green Camp Twin Creeks classic tee shirt and khaki shorts/skirt or jeans)
- o (2) Hoodies/Sweatshirts
- o (1) Lightweight Jacket/Fleece
- o (1) Rain Jacket or Poncho
- o (2) Swimsuits/trunks (girls may bring one-pieces, tankinis or athletic style two-pieces)
- o (1) UV Protection Sun Shirt (OPTIONAL)
- o (2+) Pajamas (consider options for warm nights and cool nights)
- o (10) Underwear
- o (12+) Socks

o (1) Bathrobe (OPTIONAL)

TOILETRIES

- Toothbrush
- Toothpaste
- Soap
- Shampoo, Conditioner
- o Hairbrush/Comb (elastic bands/ties for longer hair)
- Sunscreen
- Insect Repellant
- o Lip Balm
- o Other toiletries (self-care items your child uses daily such as deodorant, acne cream, lotion, etc.)

MISCELLANEOUS

- o (2) Water Bottles or Canteens (Make sure these are well labeled!)
- o (1) Flashlight with extra batteries
- Swim goggles, earplugs, swim cap (ALL OPTIONAL)
- Drawstring Bag/Lightweight Backpack (OPTIONAL)
- Baseball Cap (OPTIONAL)
- o (2) Disposable cameras (we strongly recommend against digital cameras)
- o (2) Pens/Pencils
- Books, notebooks/sketchbooks (OPTIONAL)
- Personal Athletic Equipment (OPTIONAL) We provide ALL sporting equipment and supplies for camp, however if your child would like to bring their own gear, they're welcome to so long as it's well labeled!
- o "Snail Mail" Supplies- pens, paper, envelopes, stamps (for younger campers we suggest sending pre-addressed envelopes to your home)

ITEMS TO LEAVE HOME

- · Food (candy, gum, snacks)
- · Weapons (pocketknives, slingshots, crossbows)
- Drugs, alcohol, tobacco/e-cigarettes
- Electronics: cell phones/smartphones, handheld devices, smartwatches, etc.

The only exception is an e-book device such as Kindle/Nook. Please ensure your child's e-book is only enabled for reading.

We strongly discourage bringing any valuable personal items such as jewelry or money to camp, we are not responsible for lost, stolen or damaged items.