

# COVID OPERATION & TESTING GUIDE

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## **Disclaimer**

No level of preparation allows us to guarantee that COVID-19 will not appear at camp but we're confident we can run camp in a safe and meaningful way. We will respond appropriately to prevent the spread of any disease, including the isolation of any camper or staffer who doesn't feel well and/or shows symptoms of COVID-19.

## **Follow Protocol**

As you administer the PCR tests you order from **1health**, take 'exposure precautions' for a period of time before camp begins and take other steps ahead of your child arriving at camp, your understanding and cooperation is extremely important. We thank you in advance and urge you to reach out at any point with questions or concerns.

## **Pre Camp**

Testing - all campers, vaccinated or not, are being asked to take a PCR test prior to arriving at Camp. We are partnered with **1health** to administer the initial PCR tests. These tests are saliva based, no need to swab the nose. These tests cost \$65 each and will be delivered to your home prior to camp starting along with a prepaid FedEx envelope for shipping to the testing laboratory. The first test should be taken (at home) on the Tuesday prior to camp starting. If your camper is not vaccinated, the second test will be administered 4 days into the camp session. Results will be available within 48 hours and we will have access to these results via a HIPPA friendly online portal.

Camp Twin Creeks does not receive any portion of the test fees. DNA submitted is destroyed after testing.

**International families will be unable to use 1health; please reach out to discuss alternate options.**

**Temperature tracking and screening** - with the help of the mobile app Companion (part of CampMinder) we ask you track your child's temperature for the 10-day period prior to coming to camp as well as screen for other common COVID related symptoms.

Quarantine - if your child is not vaccinated we are asking that your child have limited exposure\* in the week leading up to the start of their camp session, with special attention to the period of day between the PCR test being taken and the first day of Camp.

\*LIMITED EXPOSURE means exposure to individuals outside of the household, crowded areas or situations in which the spread of COVID is more likely.



## **CAMP TWIN CREEKS**

# CAMP TWIN CREEKS - COVID GUIDE

## Travel

Our normal bus service from Dulles, VA to Camp will not be provided. The expectation therefore is that all campers will be driven to Camp. We will be providing arrival time slots to allow campers within the same cabin to arrive at approximately the same time.

Campers arriving at Dulles airport will be screened for COVID related symptoms prior to boarding the shuttle to Camp. Campers not vaccinated will be asked to wear a mask for the duration of the ride to Camp.

For the bus ride home from camp, the following precautions will be taken:

- Our transportation partner, VA Coach, will sanitize the bus prior to departure
- campers will sit in close proximity with members of their cabin and pod
- campers may be asked to wear a mask for the journey home - this determination will be made after consideration of local and regional case levels
- campers will have their temperature taken prior to getting on the bus. If a temperature above 100.4 is registered, that camper will not be allowed on the bus.

## Opening Day Overview

Upon your arrival at Camp at your designated time, we will take the temperature of your child. Parents will not be required to leave their vehicle at any point. If you are not vaccinated, we ask that you wear a mask when talking to Camp staff upon arrival. Weather permitting, you will drive your car to our Main Village cabins (grades 2-7). Senior Hill and Shire campers will be dropped off at the tennis courts. Cabin counselors will meet you at your vehicle, unload luggage and guide your child towards their cabin. As you leave camp, nursing staff, as well as Iain and Amy, will be available for more in depth conversations should you have any questions.

## Camper Orientation

As always, we stress a great deal of importance on the first few days of camp. Setting the expectation for camper behavior, general guidelines and more will be supplemented with the following points too:

- what Camp is doing to protect everyone
- vaccinated or not, what are our expectations and responsibilities
- general rules for cabin and cohort interaction
- hand washing protocols
- when we will be wearing masks
- what symptoms to be aware of



## Daily Plans

On a daily basis, counselors will complete a routine health screening of their campers. Camp nurses will review this information on a daily basis. Counselors will also be encouraging and ensuring regular hand washing and sanitizing throughout the camp day. Portable hand washing stations will be available throughout camp. Cleaning protocols and schedules will be in place to ensure regular cleaning and sanitizing of hot spots and high traffic areas such as water fountains and door handles in cabins and bathrooms. Bathrooms in general will also be cleaned on a regular basis throughout the day. Counselors will also play an important role in ensuring social distancing is maintained when appropriate and masks are being worn at the appropriate times.

## Camp as a Bubble

Movements of people in and out camp will be limited this summer. Staff not vaccinated will be restricted to the activities they can enjoy off camp; errands in town will be performed by a designated group of people. Deliveries into camp will be left at the entrance to camp whenever possible. Visitors will not be allowed on to camp without prior permission. All of these steps are being taken to minimize the chance of exposure to members of the public.

## Meals

Campers will enjoy meals with their cabin and be assigned to regular tables and seats for each meal. The spacing of tables inside the dining hall will follow state guidelines and also ACA recommendations. All windows will be open at all times to ensure the maximum amount of airflow. As many campers as possible will also be eating meals outside. We have a rainy day plan in place to continue to serve meals in a safe manner. Meals will be served family style at tables, thus minimizing movement around the dining hall. A salad bar will still be provided in a safe manner.

## Health Center

Many of our typical health center procedures will be taking place in an outside triage area adjacent to the health center. This will include the daily delivery of camper medications. Our health center will offer isolation facilities and private rooms for other medical matters. Rooms inside the health center will be equipped with HEPA filters.



## **Pods / Cohorts**

For groups of campers that include those that have not been vaccinated, we will follow local state guidelines regarding maximum cohort sizes in order to be able to contact trace effectively if necessary. A cohort may consist of 2 cabins of boys or girls the same age. For older campers, a cohort may consist of a boys and girls cabin. We will approach each session with a flexible approach regarding these cohorts and do our best to ensure campers are happy with their social and activity options. Precise cohort numbers will be determined when final guidance has been received from the state of WV and/or the CDC.

## **Program Adjustments**

Each activity area at camp has an established COVID protocol that will cover cleaning protocols, participant guidelines and other steps to ensure each activity is offered in a safe and consistent manner. Our counselor staff will be trained in these protocols prior to camp starting on July 4th.

## **Masks**

We believe that as a result of testing, sanitary measures, cohort management and the outdoor nature of camp, masks will rarely be required. If we're indoors with a large group of people, or close to others outdoors for a prolonged period of time, masks would be required. It's highly unlikely however that we will find ourselves in either situation.

## **Trips out of Camp**

Most trips out of camp have been replaced with in-camp activities for the 2021 summer; the exceptions being our White Water Rafting trip and Water Ski trips to Lake Moomaw. The water ski trip utilizes our own vehicles, staff and ski boats in a quiet lake and beach area while the rafting trip is outside and away from other members of the public.



# CAMP TWIN CREEKS - COVID GUIDE

## Counselors

Counselor staff are being asked to arrive at camp vaccinated prior to the summer. We will log and track their vaccine information as well as their negative test prior to arrival. If they are unable to be vaccinated, limitations will be in place for their movement in and out of camp as well as further potential restrictions.

Staff will be on camp for a minimum of 10 days prior to camp starting on July 4th.

Counselors will be taking trips out of camp only to permitted locations and destinations. This protocol is designed to limit their potential exposure to members of the public in indoor spaces.

## Positive tests

If your camper has had a positive COVID diagnosis within the past 90 days it is possible they will still test positive even though the infection has resolved. Please provide us with a doctor note to confirm this is the case. CDC guidelines for discontinuing isolation/quarantine must still be followed specifically:

- at least 10 days have passed since symptom onset and
- at least 24 hours have passed since resolution of fever without the use of fever-reducing medications and
- other symptoms have improved

Source: [CDC Disposition of non-hospitalized patients with COVID-19](#)

For asymptomatic cases, at least 10 days must have passed since the date of their first positive viral diagnostic test.

TOTAL \$ 1390.00



# CAMP TWIN CREEKS

## **Miscellaneous COVID**

To help us all monitor campers effectively and throughout their time at camp, staff will be trained in COVID-19 symptom awareness and will be asked to consciously monitor their campers. Campers and staff will also be reminded of their responsibility of self reporting should they feel unwell.

We also ask that camp parents keep us apprised of any COVID exposures they become aware of while their child is at Camp.

## **COVID Case on Camp**

In the event that a camper is suspected to be COVID positive, a quarantine isolation area is being established in our health center from the start of camp. Abbott brand rapid tests will be used in the case of a suspected positive case. Parents will be notified at this stage.

If further PCR testing is required, a local testing facility in Marlinton, WV will be utilized.

The camper group to which the suspected positive case belongs will be moved into modified activities and will be subject to ongoing symptom checks. This group will also be asked to maintain mask wearing more often. This camper group will not be asked to leave camp automatically. Counselors for this group will also be asked to limit their exposure to other members of staff.

If a positive case of COVID is confirmed, parents will be expected to pick up the camper within 24 hours. We will then contract trace the camper and their group over the past few days.

